

NURSERY ROUTINE

Afternoon Sessions

Version 1: 9/11/11

To enable both Afternoon and Extended Sessions to work independently for some of the session the hall will be divided to allow for this.

- 1.15pm **Children arrive with parent/carer** and place their 'book bag' in the red tray. Children find their name card (these have pictures on to aid recognition). Children stick name cards onto the name board underneath the snack of their choice. Parent/carer tops up changing bag etc inside drawer. Parent/carer settles child and leaves.
- 1.25pm **The register is taken** by a member of staff and the 'officer of the day' helps to count the name cards and is given the opportunity to write the total number present on the name board. Staff introduce the key activity of the day and discuss the current topic.
- 1.35pm **This is 'free-play'**. There will be a 'Key Activity' which is usually adult led, plus a variety of other activities, many of which the children will be able to undertake on their own. During this time, activities on offer will be a selection from the following all linked to the 6 areas of Learning & Development in Early Years Foundation Stage:
- CRAFT ACTIVITY: cutting and gluing, painting.
CONSTRUCTION: wooden bricks, stickle bricks, magnetic construction, lego, wooden shape building puzzles, etc
SMALL WORLD: train track, cars and garage, dolls house, farm, dinosaurs
DRAWING TABLE: pencils, crayons, felt tip pens, chalks and blackboards, pens and wipe-boards, stencils, selection of paper.
IMAGINATIVE PLAY: kitchen, playfood and utensils, dolls, dressing up, doctors equipment, tent, mirrors, puppets, large cardboard boxes & lengths of fabrics.
SENSORY ACTIVITY: different types of playdough with cutters, rolling pins, scissors, sand, water, soil, rice etc. (lots of interesting items are used in conjunction with these activities; they are often linked to the theme of the term).
MATHEMATICAL/PROBLEM SOLVING ACTIVITY: jigsaws, pattern and/or shape sorters, weighing scales, problem solving resources.
BOOK CORNER: our bookcase is positioned in a quiet corner. The children can look at the books whenever they wish, and an adult will always read stories if a child is in that area. We have a selection of books, some will be linked to the theme of the term, others will be picture books, 'lift the flap' books, storybooks and information books. The books are rotated so unfamiliar books are available each week.
- 1.45 – 2.25pm We operate a '**Rolling Snack**' system. The 'officer of the day' helps to prepare the snack with a member of staff. Children are able to choose when they would like snack during this time. Snack consists of fresh fruit or vegetables, a wholesome snack like toast, pitta pockets etc. and a drink of either; organic milk, fruit juice or water (any dietary needs are taken into account). Children always wash their hands beforehand, remove their name card from the board, pass this to the member of staff and help themselves to the snack they chose. Support is always available if required. Snack time is a social occasion enabling children to extend their language and encourage good social skills.
- 2.05pm **Free-flow play**. Once all our children attending extended sessions have been collected by parents/carers the dividing curtain will be removed and children will have access to, and the choice to engage in either inside and outside activities.
- 2.25pm **Tidy up time and rolling snack will finish**. This is signalled by a piece of classical music being played. All children are encouraged to help tidy away tidy up time.

- 2.35pm **Storytime.** These are often linked to the theme, but not always. Children can bring books in from home to be shared if they wish. We encourage all children to sit on individual cushions and listen to the story. With younger children adults will sit on the carpet as well and storytime is kept shorter.
- Weather and Date record.** We all sing our weather song and 'Bernie' the monkey will help the children record the weather outside and the day of the week. 'Bernie' has a selection of clothes that are suitable for different types of weather and children take turns each day to dress him appropriately.
- Children's name cards** will be shown individually as a signal to either line up or put on their coat ready to go outside. This supports name recognition and early phonic awareness.
- 2.45pm **Outside Physical Play.** Either in the garden, in our Secret Garden or at the park. Equipment of offer includes; trikes, tunnel, ball pool, seesaw, bats and balls, trampoline, parachute, prams/pushchairs with dollies, digging area. At the park; swings, slide, balancing equipment, climbing beams.
- 3.10pm An adult begins to change all nappies/or support toilet training, wash hands. Others finish their activities and help adults tidy away.
- 3.15pm **Home Achievement Books.** This is a time where we celebrate the children's achievements at home by reading their parents comments in their books. This special time increases children's self-esteem and confidence. They are rewarded with a sticker and a round of applause from everyone!
- Music and movement or action songs.** We introduce different types of music and accompany their movements with streamers, musical instruments etc. All music and movement sessions are finished with a warm down song. We introduce a whole range of action songs and familiar nursery rhymes, children are encouraged to join in with actions and words.
- We finish off with our 'goodbye' song which is sung to each child individually saying their name as we go.
- 3.30pm The parents/carers are let into the room to collect their children, coats and any work which is in their 'book bags' to be taken home. Parents have the opportunity to discuss anything about their child's morning, confidentially if need be.

Once all children have been collected staff write up any observations made during the afternoon, complete session plans, mount any work, organise wall displays and prepare for the following session.